# **Finding Out For Yourself**

**Focus Groups** 



Focus groups bring together about 5 to 10 people to discuss a particular issue. They usually last between one and two hours with one person asking the questions (the facilitator) and another making sure that the conversation is recorded. Open-ended questions are used to stimulate the conversation, for example questions that start with Why? and How?

#### **Focus Groups and Your Campaign**

When you are at the stage of designing your campaign, focus groups are a great way of finding out what people (such as the general public) think about your issue. When you are a bit further on with your campaign planning, they are a good way of testing what people think of your argument and solution/s.

### Advantages

- Focus groups are great at producing lots of information, as the conversation usually produces many ideas and an exchange of views.
- If an issue is quite complex (they usually are) a focus group allows people to talk an issue through in more detail.

## Disadvantages 🗙



- The information gathered (usually a recording of the conversation) can be quite difficult and time-consuming to analyse.
- Some people may not feel comfortable talking about some issues (for example mental health).
- Participants for a focus group aren't usually randomly selected so some marginalised voices may be excluded, however efforts can be made to do extra recruitment to make sure marginalised voices are heard

#### TIPS

When deciding your key 1. questions, try to also think of some follow -up questions that will allow you to probe a little deeper



Sometimes people need 2. nudging in the conversation, they may need to be probed a bit for example 'I would like to hear more about that', 'how did that make you feel?', 'tell me more about what you mean by that', 'has anybody else got a similar story?'

